

# Spinach and Nectarine Salad with Coconut

# & Maple Dressing

#### **Serves 8**

### **Coconut & Maple Dressing:**

1 can (398ml) coconut milk

1 large garlic clove

2 tbsp rice vinegar

1 tbsp lemon juice

4 tbsp green onion

4 tbsp maple syrup

1 pinch salt and pepper



## **Salad ingredients:**

1 bag spinach (300 gr)

4 cups Romaine lettuce, chopped

1 small red onion, thinly sliced

2 carrot, peeled and shredded

1 pack pea shoots

3 nectarines, sliced

2 tbsp lemon juice

¼ cup sliced almonds or walnuts, lightly roasted



#### Instructions:

Refrigerate coconut milk at least 1 hour before making the dressing. Separate the water from the coconut milk fat, keep the water aside. Using a food processor, blend all ingredients together.

Use the remaining coconut water to adjust thickness.

Add salt and pepper to taste.

